



Wollaston Tennis Club – July/August Programme

Adult Sessions with Head Coach - Richard Wheeler

Cardio Tennis

PRE-BOOK by 10th July at sports4ultd.com (£5.00)

Tuesday 13th July 6.30-7.15pm

Thursday 15th July 7.35-8.20pm

After payment received, participants will be sent a health form to complete online

Themed Nights

Pay and Play on the night - £5 per session or £10 for all three

Monday 19th July

6.00pm Technical - Improve your serve

6.30pm Technical - Improve your backhand

7.00pm Tactical - Improve your net play

Rusty Racquets

Pay and Play on the night - £5 per session

PRE-BOOK by text – Richard 07941 722980

Monday 19th July 7.30-8.15pm

Junior Squad Lessons

Dates – Mondays 26/07, 02/08, 09/08, 16/08, 23/08

Wednesday 28/07, 04/08, 11/08, 18/08, 25/08

Bookings/Payments – select option 'Z' at sports4ultd.com Please note child's name and dates required in 'order comments'.

Monday Time	Age	Wednesday Time	Age
4.00-4.30pm	3-5	3.45-4.30pm	4-6
4.30-5.15pm	6-9	4.30-5.15pm	6-9
5.15-6.00pm	10-12		
5.15-6.00pm	13-17		

Coaches for junior squad lessons during the summer holidays will be any of the following team – Richard Wheeler, Emily White, Richard Banno, Jack Croton or Simon Robbins

Junior Club Night, 4.30-5.30pm

PRE-BOOK, £5.50 per night per player - option Z at sports4ultd.com

Includes one drink from the bar for parent or child and supervised play for children.

Opportunities for parents to get on court too!

Friday 30th July AND Friday 20th August

N.B - Pricing All prices above are the early bird prices which are available until 23rd July. From 24th July prices are £6.60.